

Codebook

Dataset: Views on Ageing Well held by Turkish Migrants in the Netherlands

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Background

Success of efforts by policy makers and practitioners to improve the way people age relies on correspondence of these efforts with what the people targeted find important in a good later life (Bowling & Dieppe, 2005). Insights in lay perspectives on what ageing well entails are therefore urgently needed. This particularly holds for the perspectives of groups that have thus far been largely overlooked, such as people with a migration background (Cosco, Prina, Perales, Stephan, & Brayne, 2013). In this exploratory research project, data were collected among 27 middle-aged and older Turkish-born people residing in the Netherlands about what they perceive as important for ageing well.

Funding

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Ethics statement

This study was assessed and approved by the Research Ethics Review Committee of the Erasmus School of Health Policy & Management at Erasmus University Rotterdam (Reference: 21-037).

Sample

For this study, data was collected among people who were born in Turkey, living in the Netherlands, and at least 40 years old. 27 participants meeting these criteria were recruited through the personal networks of IY, TvdB and EÇ, and through word-of-mouth referrals. Two pilot interviews were conducted by IY. The additional 25 interviews were collected by EÇ. Data collection took place in 2021 and 2022.

Data

The quantitative dataset contains three parts: (a) a part on background characteristics, (b) a part on the importance assigned to 32 attributes of ageing well, and (c) a part on the subjective rankings of the attributes by importance.

Part 1: Background questionnaire

In the first part of the study, basic background information of the respondents was collected. Variable names are presented in bold and between square brackets.

Before we start, I would like to ask you a few questions about yourself:

[female] What is your sex?

female -- Gender (1=female)

		Freq.	Percent	Valid	Cum.
Valid	0 male	14	51.85	51.85	51.85
	1 female	13	48.15	48.15	100.00
	Total	27	100.00	100.00	

[agecat] What is your age?

agecat -- Age category

		Freq.	Percent	Valid	Cum.
Valid	1 40-44 years old	2	7.41	7.41	7.41
	2 45-49 years old	3	11.11	11.11	18.52
	3 50-54 years old	10	37.04	37.04	55.56
	4 55-59 years old	7	25.93	25.93	81.48
	5 60-64 years old	4	14.81	14.81	96.30
	7 70-74 years old	1	3.70	3.70	100.00
	Total	27	100.00	100.00	

[yearsnl] For how long have you been living in the Netherlands?

yearsnl -- Length of stay in the Netherlands

		Freq.	Percent	Valid	Cum.
Valid	1 0-4 years in NL	1	3.70	3.70	3.70
	3 10-14 years in NL	2	7.41	7.41	11.11
	5 20-24 years in NL	1	3.70	3.70	14.81
	6 25-29 years in NL	4	14.81	14.81	29.63
	7 30-34 years in NL	8	29.63	29.63	59.26
	8 35-39 years in NL	1	3.70	3.70	62.96
	9 40-44 years in NL	5	18.52	18.52	81.48
	10 45-49 years in NL	2	7.41	7.41	88.89
	11 50-54 years in NL	3	11.11	11.11	100.00
	Total	27	100.00	100.00	

[actstat] What is your main everyday activity?

actstat -- Activity status

		Freq.	Percent	Valid	Cum.
Valid	1 In paid work or self-employed	14	51.85	51.85	51.85
	3 Homemaker	8	29.63	29.63	81.48
	4 Work disabled	4	14.81	14.81	96.30
	5 Retired	1	3.70	3.70	100.00
	Total	27	100.00	100.00	

Part 2: Importance of attributes of ageing well

In the second part of the study, 32 attributes of ageing well identified from the scholarly literature were presented to respondents, and respondents were subsequently asked to indicate for each attribute whether they found it “not so important” (coded as 1), “neither important, nor important” (coded as 2) or “important” (coded as 3) for a good later life (see Table 1, variable names in bold and between square brackets). The first 20 attributes were based on the *Views on Aging*-questionnaire, developed by Phelan et al. (2004). Descriptive findings for this subset of statements are presented graphically in Çayci and Van den Broek (2022). IY and TvdB performed an additional review of the literature about successful aging and ageing well, and they identified 12 other potential attributes of ageing well. These are included here as attributes 21-32. Descriptive statistics for all 32 attributes are presented on the next page.

Table 1. Assessment of the importance of attributes of ageing well.

Statement	[1] Not very important	[2] Neutral	[3] Important
[cat_stat1] Living a very long time			
[cat_stat2] Remaining in good health until close to death			
[cat_stat3] Feeling satisfied with my life the majority of the time			
[cat_stat4] Having the kind of genes (heredity) that help me age well			
[cat_stat5] Having friends and family who are there for me			
[cat_stat6] Staying involved with the world and people around me			
[cat_stat7] Being able to make choices about things that affect how I age, like my diet, exercise, and smoking			
[cat_stat8] Being able to meet all my needs and some of my wants			
[cat_stat9] Not feeling lonely or isolated			
[cat_stat10] Adjusting to changes that are related to aging			
[cat_stat11] Being able to take care of myself until close to the time of my death			
[cat_stat12] Having a sense of peace when thinking about the fact that I will not live forever			
[cat_stat13] Feeling that I have been able to influence others' lives in positive ways			
[cat_stat14] Having no regrets about how I have lived my life			
[cat_stat15] Being able to work in paid or volunteer activities after the usual retirement age			
[cat_stat16] Feeling good about myself			
[cat_stat17] Being able to cope with the challenges of my later years			
[cat_stat18] Remaining free of chronic disease			
[cat_stat19] Continuing to learn new things			
[cat_stat20] Being able to act according to my own inner standards and values			
[cat_stat21] Having access to the professional care needed			
[cat_stat22] Living with faith or religion			
[cat_stat23] Being able to live in an environment that is accessible and safe			
[cat_stat24] Remaining alert and mentally active			
[cat_stat25] Remaining physically active			
[cat_stat26] Having a good death			
[cat_stat27] Having a sense of meaningfulness and a purpose in my later years			
[cat_stat28] Having financial security			
[cat_stat29] Living a peaceful life without big worries			
[cat_stat30] Having a positive outlook on life			
[cat_stat31] Having a good physical appearance			
[cat_stat32] Having a good spouse			

cat_stat1 -- Importance statement 1: Living a very long time

		Freq.	Percent	Valid	Cum.
Valid	1 not very important	8	29.63	29.63	29.63
	2 neutral	4	14.81	14.81	44.44
	3 important	15	55.56	55.56	100.00
	Total	27	100.00	100.00	

cat_stat2 -- Importance statement 2: Remaining in good health until close to death

		Freq.	Percent	Valid	Cum.
Valid	3 important	27	100.00	100.00	100.00

cat_stat3 -- Importance statement 3: Feeling satisfied with my life the majority of the time

		Freq.	Percent	Valid	Cum.
Valid	1 not very important	3	11.11	11.11	11.11
	2 neutral	5	18.52	18.52	29.63
	3 important	19	70.37	70.37	100.00
	Total	27	100.00	100.00	

cat_stat4 -- Importance statement 4: Having the kind of genes (heredity) that help me age well

		Freq.	Percent	Valid	Cum.
Valid	1 not very important	2	7.41	7.41	7.41
	2 neutral	6	22.22	22.22	29.63
	3 important	19	70.37	70.37	100.00
	Total	27	100.00	100.00	

cat_stat5 -- Importance statement 5: Having friends and family who are there for me

		Freq.	Percent	Valid	Cum.
Valid	1 not very important	1	3.70	3.70	3.70
	2 neutral	1	3.70	3.70	7.41
	3 important	25	92.59	92.59	100.00
	Total	27	100.00	100.00	

cat_stat6 -- Importance statement 6: Staying involved with the world and people around me

		Freq.	Percent	Valid	Cum.
Valid	1 not very important	6	22.22	22.22	22.22
	2 neutral	6	22.22	22.22	44.44
	3 important	15	55.56	55.56	100.00
	Total	27	100.00	100.00	

cat_stat7 -- Importance statement 7: Being able to make choices about things that affect how I age, like my diet, exercise, and smoking

		Freq.	Percent	Valid	Cum.
Valid	1 not very important	8	29.63	29.63	29.63
	2 neutral	5	18.52	18.52	48.15
	3 important	14	51.85	51.85	100.00
	Total	27	100.00	100.00	

cat_stat8 -- Importance statement 8: Being able to meet all my needs and some of my wants

		Freq.	Percent	Valid	Cum.
Valid	1 not very important	2	7.41	7.41	7.41
	2 neutral	5	18.52	18.52	25.93
	3 important	20	74.07	74.07	100.00
	Total	27	100.00	100.00	

cat_stat9 -- Importance statement 9: Not feeling lonely or isolated

		Freq.	Percent	Valid	Cum.
Valid	1 not very important	5	18.52	18.52	18.52
	2 neutral	9	33.33	33.33	51.85
	3 important	13	48.15	48.15	100.00
	Total	27	100.00	100.00	

cat_stat10 -- Importance statement 10: Adjusting to changes that are related to aging

		Freq.	Percent	Valid	Cum.
Valid	1 not very important	5	18.52	18.52	18.52
	2 neutral	7	25.93	25.93	44.44
	3 important	15	55.56	55.56	100.00
	Total	27	100.00	100.00	

cat_stat11 -- Importance statement 11: Being able to take care of myself until close to the time of death

		Freq.	Percent	Valid	Cum.
Valid	2 neutral	4	14.81	14.81	14.81
	3 important	23	85.19	85.19	100.00
	Total	27	100.00	100.00	

cat_stat12 -- Importance statement 12: Having a sense of peace when thinking about the fact the fact that I will not live forever

		Freq.	Percent	Valid	Cum.
Valid	1 not very important	9	33.33	33.33	33.33
	2 neutral	6	22.22	22.22	55.56
	3 important	12	44.44	44.44	100.00
	Total	27	100.00	100.00	

cat_stat13 -- Importance statement 13: Feeling that I have been able to influence others' lives in positive ways

		Freq.	Percent	Valid	Cum.
Valid	1 not very important	4	14.81	14.81	14.81
	2 neutral	9	33.33	33.33	48.15
	3 important	14	51.85	51.85	100.00
	Total	27	100.00	100.00	

cat_stat14 -- Importance statement 14: Having no regrets about how I have lived my life

		Freq.	Percent	Valid	Cum.
Valid	1 not very important	2	7.41	7.41	7.41
	2 neutral	10	37.04	37.04	44.44
	3 important	15	55.56	55.56	100.00
	Total	27	100.00	100.00	

cat_stat15 -- Importance statement 15: Being able to work in paid or volunteer activities after the usual retirement age

		Freq.	Percent	Valid	Cum.
Valid	1 not very important	12	44.44	44.44	44.44
	2 neutral	6	22.22	22.22	66.67
	3 important	9	33.33	33.33	100.00
	Total	27	100.00	100.00	

cat_stat16 -- Importance statement 16: Feeling good about myself

		Freq.	Percent	Valid	Cum.
Valid	1 not very important	1	3.70	3.70	3.70
	2 neutral	1	3.70	3.70	7.41
	3 important	25	92.59	92.59	100.00
	Total	27	100.00	100.00	

cat_stat17 -- Importance statement 17: Being able to cope with the challenges of my later years

		Freq.	Percent	Valid	Cum.
Valid	1 not very important	4	14.81	14.81	14.81
	2 neutral	6	22.22	22.22	37.04
	3 important	17	62.96	62.96	100.00
	Total	27	100.00	100.00	

cat_stat18 -- Importance statement 18: Remaining free of chronic disease

		Freq.	Percent	Valid	Cum.
Valid	1 not very important	2	7.41	7.41	7.41
	2 neutral	3	11.11	11.11	18.52
	3 important	22	81.48	81.48	100.00
	Total	27	100.00	100.00	

cat_stat19 -- Importance statement 19: Continuing to learn new things

		Freq.	Percent	Valid	Cum.
Valid	1 not very important	3	11.11	11.11	11.11
	2 neutral	5	18.52	18.52	29.63
	3 important	19	70.37	70.37	100.00
	Total	27	100.00	100.00	

cat_stat20 -- Importance statement 20: Being able to act according to my own inner standards and values

		Freq.	Percent	Valid	Cum.
Valid	1 not very important	4	14.81	14.81	14.81
	2 neutral	5	18.52	18.52	33.33
	3 important	18	66.67	66.67	100.00
	Total	27	100.00	100.00	

cat_stat21 -- Importance statement 21: Having access to the professional care needed

		Freq.	Percent	Valid	Cum.
Valid	1 not very important	3	11.11	11.11	11.11
	2 neutral	5	18.52	18.52	29.63
	3 important	19	70.37	70.37	100.00
	Total	27	100.00	100.00	

cat_stat22 -- Importance statement 22: Living with faith or religion

		Freq.	Percent	Valid	Cum.
Valid	1 not very important	9	33.33	33.33	33.33
	2 neutral	3	11.11	11.11	44.44
	3 important	15	55.56	55.56	100.00
	Total	27	100.00	100.00	

cat_stat23 -- Importance statement 23: Being able to live in an environment that is accessible and safe

		Freq.	Percent	Valid	Cum.
Valid	1 not very important	3	11.11	11.11	11.11
	2 neutral	1	3.70	3.70	14.81
	3 important	23	85.19	85.19	100.00
	Total	27	100.00	100.00	

cat_stat24 -- Importance statement 24: Remaining alert and mentally active

		Freq.	Percent	Valid	Cum.
Valid	1 not very important	1	3.70	3.70	3.70
	2 neutral	3	11.11	11.11	14.81
	3 important	23	85.19	85.19	100.00
	Total	27	100.00	100.00	

cat_stat25 -- Importance statement 25: Remaining physically active

		Freq.	Percent	Valid	Cum.
Valid	2 neutral	5	18.52	18.52	18.52
	3 important	22	81.48	81.48	100.00
	Total	27	100.00	100.00	

cat_stat26 -- Importance statement 26: Having a good death

		Freq.	Percent	Valid	Cum.
Valid	1 not very important	4	14.81	14.81	14.81
	2 neutral	3	11.11	11.11	25.93
	3 important	20	74.07	74.07	100.00
	Total	27	100.00	100.00	

cat_stat27 -- Importance statement 27: Having a sense of meaningfulness and a purpose in my later years

		Freq.	Percent	Valid	Cum.
Valid	1 not very important	6	22.22	22.22	22.22
	2 neutral	5	18.52	18.52	40.74
	3 important	16	59.26	59.26	100.00
	Total	27	100.00	100.00	

cat_stat28 -- Importance statement 28: Having financial security

		Freq.	Percent	Valid	Cum.
Valid	1 not very important	1	3.70	3.70	3.70
	2 neutral	3	11.11	11.11	14.81
	3 important	23	85.19	85.19	100.00
	Total	27	100.00	100.00	

cat_stat29 -- Importance statement 29: Living a peaceful life without big worries

		Freq.	Percent	Valid	Cum.
Valid	1 not very important	2	7.41	7.41	7.41
	2 neutral	1	3.70	3.70	11.11
	3 important	24	88.89	88.89	100.00
	Total	27	100.00	100.00	

		Freq.	Percent	Valid	Cum.
Valid	1 not very important	1	3.70	3.70	3.70
	2 neutral	6	22.22	22.22	25.93
	3 important	20	74.07	74.07	100.00
	Total	27	100.00	100.00	

		Freq.	Percent	Valid	Cum.
Valid	1 not very important	7	25.93	25.93	25.93
	2 neutral	7	25.93	25.93	51.85
	3 important	13	48.15	48.15	100.00
	Total	27	100.00	100.00	

		Freq.	Percent	Valid	Cum.
Valid	1 not very important	2	7.41	7.41	7.41
	2 neutral	1	3.70	3.70	11.11
	3 important	24	88.89	88.89	100.00
	Total	27	100.00	100.00	

In the final step, respondents were asked to rank the 32 attributes on a grid that resembles a normal distribution (See Figure 1). As indicated on the figure, the attribute deemed most important received a score of 4, the three next-most important attributes were assigned a score of 3 etcetera. The scores for each of the statements are encoded in the *score_stat**-variables, where * is the statement number. By-person factor analyses can be performed on these scores to identify distinct viewpoints about ageing well (cf. Watts & Stenner, 2012).



The initial ordering of the attributes built on the importance initially assigned on the attributes in Part 2. Specifically, respondents were first asked to rank the attributes initially deemed important from most to least important, starting from the right side on the grid. After this, they were asked to order the attributes initially deemed non-important on the left side of the grid, and finally the attributes initially deemed neither important nor important in the remaining empty spots in the middle of the grid. However, respondents were allowed to reshuffle the statements later to make the ordering more consistent with their preferences. Consequently, discrepancies may exist between the importance assigned to a particular statement in Part 2 and the final ranking score given to the same statement in Part 3. Descriptive statistics of the ranking scores for each of the 32 statements are presented below.

score_stat1 -- Q-sort score statement 1: Living a very long time

		Freq.	Percent	Valid	Cum.
Valid	-4	2	7.41	7.41	7.41
	-3	10	37.04	37.04	44.44
	-2	3	11.11	11.11	55.56
	-1	3	11.11	11.11	66.67
	0	4	14.81	14.81	81.48
	1	2	7.41	7.41	88.89
	2	1	3.70	3.70	92.59
	3	2	7.41	7.41	100.00
	Total	27	100.00	100.00	

score_stat2 -- Q-sort score statement 2: Remaining in good health until close to death

		Freq.	Percent	Valid	Cum.
Valid	-1	1	3.70	3.70	3.70
	0	3	11.11	11.11	14.81
	1	3	11.11	11.11	25.93
	2	4	14.81	14.81	40.74
	3	8	29.63	29.63	70.37
	4	8	29.63	29.63	100.00
	Total	27	100.00	100.00	

score_stat3 -- Q-sort score statement 3: Feeling satisfied with my life the majority of the time

		Freq.	Percent	Valid	Cum.
Valid	-3	3	11.11	11.11	11.11
	-2	1	3.70	3.70	14.81
	-1	3	11.11	11.11	25.93
	0	7	25.93	25.93	51.85
	1	4	14.81	14.81	66.67
	2	6	22.22	22.22	88.89
	3	1	3.70	3.70	92.59
	4	2	7.41	7.41	100.00
	Total	27	100.00	100.00	

score_stat4 -- Q-sort score statement 4: Having the kind of genes (heredity) that help me age well

		Freq.	Percent	Valid	Cum.
Valid	-4	1	3.70	3.70	3.70
	-3	3	11.11	11.11	14.81
	-2	4	14.81	14.81	29.63
	-1	7	25.93	25.93	55.56
	0	5	18.52	18.52	74.07
	1	4	14.81	14.81	88.89
	2	2	7.41	7.41	96.30
	3	1	3.70	3.70	100.00
	Total	27	100.00	100.00	

score_stat5 -- Q-sort score statement 5: Having friends and family who are there for me

		Freq.	Percent	Valid	Cum.
Valid	-2	1	3.70	3.70	3.70
	-1	2	7.41	7.41	11.11
	0	3	11.11	11.11	22.22
	1	6	22.22	22.22	44.44
	2	7	25.93	25.93	70.37
	3	5	18.52	18.52	88.89
	4	3	11.11	11.11	100.00
	Total	27	100.00	100.00	

score_stat6 -- Q-sort score statement 6: Staying involved with the world and people around me

		Freq.	Percent	Valid	Cum.
Valid	-4	1	3.70	3.70	3.70
	-3	3	11.11	11.11	14.81
	-2	8	29.63	29.63	44.44
	-1	5	18.52	18.52	62.96
	0	4	14.81	14.81	77.78
	1	3	11.11	11.11	88.89
	3	3	11.11	11.11	100.00
	Total	27	100.00	100.00	

score_stat7 -- Q-sort score statement 7: Being able to make choices about things that affect how I age, like my diet, exercise, and smoking.

		Freq.	Percent	Valid	Cum.
Valid	-4	3	11.11	11.11	11.11
	-3	4	14.81	14.81	25.93
	-2	4	14.81	14.81	40.74
	-1	8	29.63	29.63	70.37
	0	4	14.81	14.81	85.19
	1	2	7.41	7.41	92.59
	2	2	7.41	7.41	100.00
	Total	27	100.00	100.00	

score_stat8 -- Q-sort score statement 8: Being able to meet all my needs and some of my wants

		Freq.	Percent	Valid	Cum.
Valid	-3	1	3.70	3.70	3.70
	-2	1	3.70	3.70	7.41
	-1	2	7.41	7.41	14.81
	0	11	40.74	40.74	55.56
	1	2	7.41	7.41	62.96
	2	8	29.63	29.63	92.59
	3	2	7.41	7.41	100.00
	Total	27	100.00	100.00	

score_stat9 -- Q-sort score statement 9: Not feeling lonely or isolated

		Freq.	Percent	Valid	Cum.
Valid	-3	2	7.41	7.41	7.41
	-2	3	11.11	11.11	18.52
	-1	9	33.33	33.33	51.85
	0	3	11.11	11.11	62.96
	1	6	22.22	22.22	85.19
	2	3	11.11	11.11	96.30
	3	1	3.70	3.70	100.00
	Total	27	100.00	100.00	

score_stat10 -- Q-sort score statement 10: Adjusting to changes that are related to aging

		Freq.	Percent	Valid	Cum.
Valid	-3	3	11.11	11.11	11.11
	-2	6	22.22	22.22	33.33
	-1	6	22.22	22.22	55.56
	0	8	29.63	29.63	85.19
	1	2	7.41	7.41	92.59
	2	2	7.41	7.41	100.00
	Total	27	100.00	100.00	

score_stat11 -- Q-sort score statement 11: Being able to take care of myself until close to the time of my death

		Freq.	Percent	Valid	Cum.
Valid	0	1	3.70	3.70	3.70
	1	9	33.33	33.33	37.04
	2	7	25.93	25.93	62.96
	3	8	29.63	29.63	92.59
	4	2	7.41	7.41	100.00
	Total	27	100.00	100.00	

score_stat12 -- Q-sort score statement 12: Having a sense of peace when thinking about the fact that I will not live forever

		Freq.	Percent	Valid	Cum.
Valid	-4	5	18.52	18.52	18.52
	-3	3	11.11	11.11	29.63
	-2	3	11.11	11.11	40.74
	-1	5	18.52	18.52	59.26
	0	6	22.22	22.22	81.48
	1	3	11.11	11.11	92.59
	2	1	3.70	3.70	96.30
	3	1	3.70	3.70	100.00
	Total	27	100.00	100.00	

score_stat13 -- Q-sort score statement 13: Feeling that I have been able to influence others' lives in positive ways

		Freq.	Percent	Valid	Cum.
Valid	-3	6	22.22	22.22	22.22
	-2	9	33.33	33.33	55.56
	-1	6	22.22	22.22	77.78
	0	2	7.41	7.41	85.19
	1	3	11.11	11.11	96.30
	3	1	3.70	3.70	100.00
	Total	27	100.00	100.00	

score_stat14 -- Q-sort score statement 14: Having no regrets about how I have lived my life

		Freq.	Percent	Valid	Cum.
Valid	-3	3	11.11	11.11	11.11
	-2	4	14.81	14.81	25.93
	-1	3	11.11	11.11	37.04
	0	9	33.33	33.33	70.37
	1	2	7.41	7.41	77.78
	2	4	14.81	14.81	92.59
	3	1	3.70	3.70	96.30
	4	1	3.70	3.70	100.00
	Total	27	100.00	100.00	

score_stat15 -- Q-sort score statement 15: Being able to work in paid or volunteer activities after the usual retirement age

		Freq.	Percent	Valid	Cum.
Valid	-4	5	18.52	18.52	18.52
	-3	6	22.22	22.22	40.74
	-2	5	18.52	18.52	59.26
	-1	8	29.63	29.63	88.89
	0	1	3.70	3.70	92.59
	1	1	3.70	3.70	96.30
	2	1	3.70	3.70	100.00
	Total	27	100.00	100.00	

score_stat16 -- Q-sort score statement 16: Feeling good about myself

		Freq.	Percent	Valid	Cum.
Valid	-4	1	3.70	3.70	3.70
	-1	3	11.11	11.11	14.81
	0	7	25.93	25.93	40.74
	1	8	29.63	29.63	70.37
	2	7	25.93	25.93	96.30
	3	1	3.70	3.70	100.00
	Total	27	100.00	100.00	

score_stat17 -- Q-sort score statement 17: Being able to cope with the challenges of my later years

		Freq.	Percent	Valid	Cum.
Valid	-4	1	3.70	3.70	3.70
	-3	3	11.11	11.11	14.81
	-2	6	22.22	22.22	37.04
	-1	3	11.11	11.11	48.15
	0	2	7.41	7.41	55.56
	1	8	29.63	29.63	85.19
	2	3	11.11	11.11	96.30
	3	1	3.70	3.70	100.00
	Total	27	100.00	100.00	

score_stat18 -- Q-sort score statement 18: Remaining free of chronic disease

		Freq.	Percent	Valid	Cum.
Valid	-2	1	3.70	3.70	3.70
	-1	2	7.41	7.41	11.11
	0	9	33.33	33.33	44.44
	1	5	18.52	18.52	62.96
	2	5	18.52	18.52	81.48
	3	4	14.81	14.81	96.30
	4	1	3.70	3.70	100.00
	Total	27	100.00	100.00	

score_stat19 -- Q-sort score statement 19: Continuing to learn new things

		Freq.	Percent	Valid	Cum.
Valid	-3	2	7.41	7.41	7.41
	-2	5	18.52	18.52	25.93
	-1	5	18.52	18.52	44.44
	0	9	33.33	33.33	77.78
	1	2	7.41	7.41	85.19
	2	2	7.41	7.41	92.59
	3	2	7.41	7.41	100.00
	Total	27	100.00	100.00	

score_stat20 -- Q-sort score statement 20: Being able to act according to my own inner standards

		Freq.	Percent	Valid	Cum.
Valid	-4	1	3.70	3.70	3.70
	-3	3	11.11	11.11	14.81
	-2	6	22.22	22.22	37.04
	-1	1	3.70	3.70	40.74
	0	3	11.11	11.11	51.85
	1	7	25.93	25.93	77.78
	2	5	18.52	18.52	96.30
	4	1	3.70	3.70	100.00
	Total	27	100.00	100.00	

score_stat21 -- Q-sort score statement 21: Having access to the professional care needed

		Freq.	Percent	Valid	Cum.
Valid	-2	5	18.52	18.52	18.52
	-1	7	25.93	25.93	44.44
	0	7	25.93	25.93	70.37
	1	3	11.11	11.11	81.48
	2	2	7.41	7.41	88.89
	3	3	11.11	11.11	100.00
	Total	27	100.00	100.00	

score_stat22 -- Q-sort score statement 22: Living with faith or religion

		Freq.	Percent	Valid	Cum.
Valid	-4	5	18.52	18.52	18.52
	-3	5	18.52	18.52	37.04
	-2	3	11.11	11.11	48.15
	-1	1	3.70	3.70	51.85
	0	2	7.41	7.41	59.26
	1	5	18.52	18.52	77.78
	2	3	11.11	11.11	88.89
	3	2	7.41	7.41	96.30
	4	1	3.70	3.70	100.00
	Total	27	100.00	100.00	

score_stat23 -- Q-sort score statement 23: Being able to live in an environment that is accessible and safe

		Freq.	Percent	Valid	Cum.
Valid	-3	2	7.41	7.41	7.41
	-2	2	7.41	7.41	14.81
	-1	3	11.11	11.11	25.93
	0	7	25.93	25.93	51.85
	1	9	33.33	33.33	85.19
	2	2	7.41	7.41	92.59
	3	2	7.41	7.41	100.00
	Total	27	100.00	100.00	

score_stat24 -- Q-sort score statement 24: Remaining alert and mentally active

		Freq.	Percent	Valid	Cum.
Valid	-3	1	3.70	3.70	3.70
	-2	1	3.70	3.70	7.41
	-1	5	18.52	18.52	25.93
	0	5	18.52	18.52	44.44
	1	7	25.93	25.93	70.37
	2	4	14.81	14.81	85.19
	3	3	11.11	11.11	96.30
	4	1	3.70	3.70	100.00
	Total	27	100.00	100.00	

score_stat25 -- Q-sort score statement 25: Remaining physically active

		Freq.	Percent	Valid	Cum.
Valid	-2	4	14.81	14.81	14.81
	-1	3	11.11	11.11	25.93
	0	7	25.93	25.93	51.85
	1	6	22.22	22.22	74.07
	2	4	14.81	14.81	88.89
	3	3	11.11	11.11	100.00
	Total	27	100.00	100.00	

score_stat26 -- Q-sort score statement 26: Having a good death

		Freq.	Percent	Valid	Cum.
Valid	-3	5	18.52	18.52	18.52
	-2	2	7.41	7.41	25.93
	-1	4	14.81	14.81	40.74
	0	3	11.11	11.11	51.85
	1	4	14.81	14.81	66.67
	2	2	7.41	7.41	74.07
	3	6	22.22	22.22	96.30
	4	1	3.70	3.70	100.00
	Total	27	100.00	100.00	

score_stat27 -- Q-sort score statement 27: Having a sense of meaningfulness and a purpose in my later years

		Freq.	Percent	Valid	Cum.
Valid	-3	3	11.11	11.11	11.11
	-2	9	33.33	33.33	44.44
	-1	7	25.93	25.93	70.37
	0	3	11.11	11.11	81.48
	1	1	3.70	3.70	85.19
	2	4	14.81	14.81	100.00
	Total	27	100.00	100.00	

score_stat28 -- Q-sort score statement 28: Having financial security

		Freq.	Percent	Valid	Cum.
Valid	-2	3	11.11	11.11	11.11
	-1	6	22.22	22.22	33.33
	0	3	11.11	11.11	44.44
	1	6	22.22	22.22	66.67
	2	5	18.52	18.52	85.19
	3	4	14.81	14.81	100.00
	Total	27	100.00	100.00	

score_stat29 -- Q-sort score statement 29: Living a peaceful life without big worries

		Freq.	Percent	Valid	Cum.
Valid	-2	3	11.11	11.11	11.11
	-1	2	7.41	7.41	18.52
	0	5	18.52	18.52	37.04
	1	3	11.11	11.11	48.15
	2	6	22.22	22.22	70.37
	3	5	18.52	18.52	88.89
	4	3	11.11	11.11	100.00
	Total	27	100.00	100.00	

score_stat30 -- Q-sort score statement 30: Having a positive outlook on life

		Freq.	Percent	Valid	Cum.
Valid	-3	2	7.41	7.41	7.41
	-2	1	3.70	3.70	11.11
	-1	6	22.22	22.22	33.33
	0	9	33.33	33.33	66.67
	1	2	7.41	7.41	74.07
	2	5	18.52	18.52	92.59
	3	1	3.70	3.70	96.30
	4	1	3.70	3.70	100.00
	Total	27	100.00	100.00	

score_stat31 -- Q-sort score statement 31: Having a good physical appearance

		Freq.	Percent	Valid	Cum.
Valid	-4	2	7.41	7.41	7.41
	-3	7	25.93	25.93	33.33
	-2	4	14.81	14.81	48.15
	-1	7	25.93	25.93	74.07
	0	6	22.22	22.22	96.30
	1	1	3.70	3.70	100.00
	Total	27	100.00	100.00	

score_stat32 -- Q-sort score statement 32: Having a good spouse

		Freq.	Percent	Valid	Cum.
Valid	-3	1	3.70	3.70	3.70
	-2	1	3.70	3.70	7.41
	-1	2	7.41	7.41	14.81
	0	4	14.81	14.81	29.63
	1	6	22.22	22.22	51.85
	2	1	3.70	3.70	55.56
	3	10	37.04	37.04	92.59
	4	2	7.41	7.41	100.00
	Total	27	100.00	100.00	

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