Study information

**Primary Investigator (PI):**

Prof. Eveline A. Crone

**Other Principal Investigators:**

Prof. Moniek Buijzen

**Other Investigators:**

Sophie W. Sweijen, Msc.  
Suzanne van de Groep, Msc.  
Kayla H. Green, Msc.  
Dr. Lysanne W. te Brinke  
Dr. Rebecca N.H. de Leeuw

**Data collection was performed by:**

Sophie W. Sweijen, Msc.  
Kayla H. Green, Msc.

**Time period data collection:**

Timepoint 1: May 4, 2020 – May 22, 2020 (i.e., 10 daily measurements)  
Timepoint 2: November 9, 2020 – November 23, 2020 (i.e., 10 daily measurements)  
Timepoint 3: May 24, 2021

**Location of data collection:**

Data were collected through online questionnaires via the Qualtrics domain.

Erasmus School of Social and Behavioural Science, Erasmus University Rotterdam  
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3062 PA Rotterdam, the Netherlands

**Authors who contributed to analyses and data management:**

Sophie W. Sweijen did all analyses and wrote the article with help from the co-authors. She merged and transformed the original data files to the processed data files for the student sample. Kayla H. Green transformed the original data files to the processed data files for the adolescent sample. The syntax that is relevant for the current article can be found in the publication package.

**Details regarding data analysis**

Raw and processed data for this study consisted of SPSS files. Analyses were performed in SPSS.